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### TRANSESOPHAGEAL ECHOCARDIOGRAM (TEE) INSTRUCTIONS

Date of Procedure: \_\_\_\_\_

Time: \_\_\_\_\_ A.M.

**Physician Scheduling Procedure:**

Dr. Amin Farah

Dr. Douglas Segal

Dr. Jamie Weiss

Dr. Thomas Brodie

**Location of Procedure:**

Saint Francis Medical Center

PIH Health Downey Hospital

**Instructions:**

- ❖ Please make arrangements for transportation to and from the hospital. **You can not drive after the procedure.**
- ❖ **Arrive 2 hours prior to the procedure time.**
- ❖ Do not eat or drink for 6 hours before the procedure, to make sure that your stomach is empty.
- ❖ **DIABETICS:** Do not take your diabetes pills or insulin on the morning of the procedure. You may take your medication after the test. If you are taking GLUCOPHAGE (METFORMIN), do not take it on the day of the procedure and for two days after the procedure.
- ❖ You may take necessary medications with water or juice on the morning of the procedure. It is essential that you take your BLOOD PRESSURE MEDICATIONS on the morning of the procedure.
- ❖ Bring your medications (or a list) to the hospital.
- ❖ Please inform your doctor if you have any conditions involving your esophagus or stomach, or if you have problems swallowing.
- ❖ Please inform your doctor if you have allergies to sedatives or anesthesia.
- ❖ The TEE procedure potential benefits and risks will be explained to you by your doctor during your office visit. Feel free to ask questions.
- ❖ Bring your referral with you to the hospital.
- ❖ Register at the Admissions Office of the facility where the procedure will be performed.
- ❖ The TEE requires insertion of an echo probe through the mouth to the esophagus (food pipe) and stomach for 15 to 20 minutes.
- ❖ You will not be able to eat or drink for 2 hours after the procedure since your throat will be numb.

**Locations:**

- ❖ Saint Francis Medical Center: 3630 east Imperial Highway, Lynwood, CA 90262
- ❖ PIH Health Downey Hospital: 11500 Brookshire Ave, Downey, CA 90241

**Thank you for your time and cooperation.**