

8327 Davis Street
Suite 101
Downey, CA 90241
562 904-6027



3737 Martin Luther King, Jr Blvd
Suite 401
Lynwood, CA 90262
310 604-0443

CardioMedicalConsultants.com

Amin Farah, M.D., FACC

Jamie Weiss, M.D., FACC

Tanvir Hussain, M.D.

Instructions for Lexiscan Nuclear Stress Test

Name: _____ Date: _____ Time: _____

1. The test is performed in the Downey office.
2. Nothing to eat or drink after midnight the night before.
3. Take your heart medications with a small amount of water.
4. If you are taking water pills (furosemide/Lasix), hold until after the test.
5. If you are taking any medications containing Theophylline, Persantine and or Aggrenox please stop these medication 24 hours before the procedure
6. If you are a diabetic, do not take your medication. Please bring with you to take during the test.
7. Do not eat or drink caffeine products (i.e. chocolate, sodas, teas, coffee, Anacin or Excedrin) 24 hours prior to the exam.
8. Please be aware that the test takes approximately four hours. Please bring a snack to eat after the test.
9. If you use an inhaler for asthma, please bring your inhaler with you to take after the test.
10. .
11. Please wear comfortable shoes and clothing.
- 12. The isotope is ordered specifically for each patient the day before their test, and according to their scheduled time. Please be aware that there will be a \$300.00 charge for exam if not cancelled within 24 hour period.**
13. If you are covered by an insurance plan that requires pre-authorization from your primary care physician, please make those arrangements prior to your visit.

QUESTIONS/CONCERNS

You will be contacted the day before your test to confirm your appointment time. Any questions or concerns you may have can be answered at that time or you may call our office

Signature _____

Date _____

Witness _____

Time _____

Thank you for your time and cooperation.