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CAROTID ARTERY ULTRASOUND TESTING INSTRUCTIONS

PREPARATION

- ❖ Performed in Downey office.
- ❖ Diet: Eat and drink as normal.
- ❖ Clothing: Wear a shirt with an open collar (no turtlenecks). You may be asked to remove necklaces or dangling earrings.
- ❖ Medication: Take your medication as prescribed.
- ❖ Insurance: If you are covered by an insurance plan that requires pre-authorization from your primary care physician, please make those arrangements prior to your visit.

BRIEF EXPLANATION OF SEQUENCE OF TEST

- ❖ You will lie on your back.
- ❖ An ultrasound transducer (a small, hand-held wand) with gel on the end will be rubbed on each side of your neck in order to obtain images of your blood vessels.
- ❖ You may be asked to turn your head slightly in either direction to expose your neck. You should not feel any major discomfort during a carotid artery ultrasound.
- ❖ A carotid ultrasound generally takes from 20-30 minutes to complete.
- ❖ You will be allowed to leave after the test. Your physician will give you the results on your follow-up visit.

QUESTIONS/CONCERNS

You will be contacted the day before your test to confirm your appointment time. Any questions or concerns you may have can be answered at that time or you may call our office

Thank you for your time and cooperation.